ALOPECIA AREATA: HOMEOPATHIC APPROACH

DR. RONAK SHAH'S DIVINE HOMEOPATHY

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Hair loss is more than just a cosmetic issue — it can significantly impact a person's self-esteem and emotional well-being. Among the different types of hair loss, **Alopecia Areata** is one of the most distressing. It is an autoimmune condition where the body's own immune system mistakenly attacks the hair follicles, leading to **patchy bald spots**, typically on the scalp, but it can also affect the beard, eyebrows, or other body areas.

Causes:

- Autoimmune dysfunction (as in Alopecia Areata),
- Heredity (genetics),
- Hormonal imbalances,
- Nutritional deficiencies.
- Stress or emotional trauma,
- Post-infectious causes or medication side-effects.

Symptoms are Sudden appearance of smooth, round bald patches on the scalp or body, Tingling or mild burning in affected areas, Thinning hair or increased hair fall while combing or washing.

In Conventional Treatment treats alopecia with

- Corticosteroid creams or injections,
- Immunosuppressants &
- Topical irritants like minoxidil.

While these treatments may show temporary improvement, they **suppress symptoms rather than correct the root cause**. Long-term use can lead to side effects like skin thinning, weight gain, or hormonal disturbances, and often fails to prevent recurrence.

Homeopathy offers a safe, holistic, and long-lasting solution for alopecia. Rather than suppressing symptoms, it works by

- Modulating the immune system,
- Correcting internal imbalances,
- Strengthening the body's natural healing mechanism.

Homeopathic remedies are **individualized**. The treatment considers not just hair loss, but also emotional stress, digestive health, hormonal state, and family history. This approach allows for a **personalized cure** and significantly reduces recurrence.

Effectiveness of Homeopathy

- Initial results are seen as control in hair fall and no new bald patches.
- Gradually, hair regrowth starts in previously bald areas.
- Over time, the texture and density of hair improves.
- Homeopathy also helps manage **associated symptoms** like brittle nails, anxiety, or hormonal imbalances.

Commonly Used Homeopathic Remedies are Fluoric Acid, Phosphorus, Lycopodium, Calcarea Carb, Vinca Minor etc. (*Note: Always consult a certified homeopath before use.*)

Real Results, Real Recovery: Several patients at Divine Homeopathy have experienced **visible hair regrowth** through dedicated homeopathic treatment.



Hair loss may feel overwhelming, but **you are not alone**. With timely diagnosis and personalized homeopathic care, alopecia can be managed successfully — without harsh chemicals or side effects. **Reclaim your confidence**, **naturally**.

For Consultation: Dr. Ronak Shah – Divine Homeopathy, Vadodara. Contact: 9825050054